



COURAGE

Welcome Words and light the candle

Let everything be said and done in the name of the Lord Jesus,

giving thanks to God through Jesus Christ.



What does the word courage mean to you?

When might you need to be courageous?

Let's read a story from the bible and see if we understand where courage comes into it. I wonder if you can identify any other values in this story too.

Today's story is the story of the spies going into the Promised Land - Numbers 13-14



Thinking about the story that we have just listened to, I wonder

Have you ever felt nervous about going somewhere new?

Who do you turn to for advice?

What about change worries you?

Caleb and Joshua trusted God - why do you think they did that?

Reflection

Thinking about the story and the value of courage how do you think God helps us today to face the unknown, to deal with change and deal with new challenges?



Let us Pray-

A Prayer for Courage

Lord,
I'm afraid.

I don't feel bold or courageous today.

Help me remember that

**bravery isn't the absence of fear;
it's doing the right thing no matter what.**

GIVE ME A COURAGEOUS HEART.

I know that You will be with me.

I am not alone.

You are greater than any enemy or
obstacle I face.

Help me to take a stand, to not give up,
to push on, and to step forward today,

knowing that *You are trustworthy*
and *You are my strength.*

In Jesus' name,

Amen

Closing Words

Glory to the Father and to the Son and to the Holy Spirit;

**as it was in the beginning is now and shall be forever
Amen.**